

TAKING ON COVID-19 IN NJ

PREVENTION



CLEAN AND DISINFECT

Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.



AVOID TOUCHING

Avoid touching your eyes, nose, and mouth with unwashed hands.



COVER UP

Cover your cough or sneeze with a tissue, then throw it in the trash.



AVOID CLOSE CONTACT

Stay 6ft away from other people.



CLEAN YOUR HANDS

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available use an alcohol-based hand sanitizer with at least 60% alcohol.



SELF-QUARANTINE

Stay home when you are at risk.

Current Restrictions:

All gatherings of more than 50 people are prohibited. This includes religious services.

All restaurants are restricted to take-out and delivery.

All schools, public and private, are closed. This does not include day care centers.

All movie theaters, nightclubs, gyms, casinos and horse tracks are closed.

All indoor shopping malls are closed. This does not include strip malls or stand-alone stores.

All non-essential business must close between 8 p.m. and 5 a.m. Essential businesses include grocery stores, pharmacies, healthcare facilities, gas stations and medical supply stores.

A suggested curfew from 8 p.m. to 5 a.m.

Services:

You may be eligible for unemployment insurance or paid family leave if you are out of work, had hours reduced, been diagnosed with COVID-19 or are caring for a child who is home from school. To apply, or for more information, go to nj.gov/labor.

Rent assistance may be available if you are now out of work. For more information, go to nj.gov/dca/dcaid.

If you receive a call from a scammer or suspect price gouging, report it by calling the Division of Consumer Affairs at 973-504-6240.

COVID-19 is a new disease and the CDC is still learning how it spreads, the severity it causes, and to what extent it may spread.

For more information, visit:
www.cdc.gov/coronavirus or
<http://www.nj.gov/health>

HAVE QUESTIONS?

CALL: **211** OR **1-800-222-1222**

TEXT: **NJCOVID** TO **898-211**



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